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# SPIRITUAL MOTHERHOOD

*Selected Prayers,  
Duties and Intentions of  
Spiritual Mothers*



BY FR. JOSEPH AYTONA, CPM



## A PRAYER FOR PRIESTS

—from *St. Therese of Lisieux*

*O Jesus, eternal Priest, keep your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the priesthood. Let Your holy love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their joy and consolation here, and in heaven their beautiful and everlasting crown.*

***Amen.***

# THE UNIVERSAL CALL TO HOLINESS

It is crucial to note, Spiritual Motherhood is not a vocation in itself. It does not replace the married state, consecrated life, or celibacy for the sake of the Kingdom. The first and foremost duty for any Christian is to answer the universal call to holiness within their particular state of life. Therefore the best prayer anyone can offer for the Church is to become the saint God is calling them to be. Some of these duties include:

- Living your Divine Vocation tending toward the Perfection of Charity
- Praying and living the sacramental life, especially active participation in the Holy Eucharist and frequent Confession
- Avoiding temptation and not giving in to sin
- Practicing virtue, especially faith, hope and love
- Sanctifying your work; doing your duties well with great love and for the greater glory of God

## MORNING OFFERING

*O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart, in union with the holy sacrifice of the Mass throughout the world, in thanksgiving for your favors, in reparation for my sins, for the intentions of all my relatives and friends, and in particular for the intentions of the Holy Father. Amen.*





## THE HOLY SACRIFICE OF THE MASS AND THE DIVINE OFFICE

The greatest prayer we can pray is to fully and actively participate in the Sacrifice of the Mass and offer up Holy Communion. It would be praiseworthy to frequently offer Holy Communion for the sanctification of Priests, especially the priest that you have adopted as a Spiritual Mother.

Prepare for Mass by meditating on the Mass readings of the day and praying the Divine Office (the Liturgy of the Hours). Praying Morning Prayer (Lauds) and Evening Prayer (Vespers), as well as the other hours of the Divine Office, help us sanctify our day and prepare us to actively participate at Mass. During Mass, as the priest elevates the Sacred Host and Precious Blood after the Consecration, spiritually “put yourself” on the paten and in the chalice for your specific Holy Communion intention.

After receiving Holy Communion, renew your specific intention to Jesus while he is Truly, Really, and Substantially within you. For example, you may want to say to our Lord within you: “Jesus I offer this Holy Communion for the fidelity and perseverance of Father (Name of your spiritually adopted priest). Make sure to spend some quiet time in prayer after Mass making a Eucharistic thanksgiving. Jesus physically remains within us for about twelve minutes after we receive Him.

## **PRAYER BEFORE MASS**

### **Prayer of St. Ambrose**

Lord, Jesus Christ,  
I approach your banquet table  
in fear and trembling,  
for I am a sinner,  
and dare not rely on my own worth  
but only on your goodness and mercy.  
I am defiled by many sins  
in body and soul,  
and by my unguarded thoughts and words.  
Gracious God of majesty and awe,  
I seek your protection,  
I look for your healing;  
Poor troubled sinner that I am,  
I appeal to you, the fountain of all mercy.  
I cannot bear your judgment,  
but I trust in your salvation.  
Lord, I show my wounds to you.  
I know my sins are many and great,  
and they fill me with fear,  
but I hope in your mercies,  
for they cannot be numbered.  
Lord Jesus Christ, eternal King, God and man,

crucified for mankind,  
look upon me with mercy and hear my prayer,  
for I trust in you.  
Have mercy on me,  
full of sorrow and sin,  
for the depth of your compassion never ends.  
Praise to you, saving sacrifice,  
offered on the wood of the cross for me  
and for all mankind.  
Praise to the noble and precious blood,  
flowing from the wounds of my crucified  
Lord Jesus Christ  
and washing away the sins of the whole world.  
Remember, Lord, your creature,  
whom you have redeemed with your blood.  
I repent my sins,  
and I long to put right what I have done.  
Merciful Father, take away  
all my offenses and sins;  
purify me in body and soul,  
and make me worthy to taste the holy of holies.  
May your body and blood,  
which I intend to receive,  
although I am unworthy,  
be for me the remission of my sins,  
the washing away of my guilt,  
the end of my evil thoughts,  
and the rebirth of my better instincts.  
May it incite me to do the works pleasing to you  
and profitable to my health in body and soul,  
and be a firm defense  
against the wiles of my enemies. **Amen.**

## PRAYER AFTER MASS

### Prayer of St. Thomas Aquinas

Lord, Father all-powerful and ever-living God, I thank You, for even though I am a sinner, your unprofitable servant, not because of my worth but in the kindness of your mercy, You have fed me with the Precious Body & Blood of Your Son, our Lord Jesus Christ.

I pray that this Holy Communion may not bring me condemnation and punishment but forgiveness and salvation.

May it be a helmet of faith and a shield of good will.

May it purify me from evil ways and put an end to my evil passions.

May it bring me charity and patience, humility and obedience, and growth in the power to do good.

May it be my strong defense against all my enemies, visible and invisible, and the perfect calming of all my evil impulses, bodily and spiritual.

May it unite me more closely to you, the One true God, and lead me safely through death to everlasting happiness with You.

And I pray that You will lead me, a sinner, to the banquet where you, with Your Son and holy Spirit, are true and perfect light, total fulfillment, everlasting joy, gladness without end, and perfect

happiness to your saints. Grant this through Christ our Lord,

**Amen.**

*“Receive Jesus. Our faith tells us, that when we go to Holy Communion, we receive the same identical Jesus who was conceived in Mary’s womb at Nazareth. God has made the hearts of women naturally self-giving. But their womanly nature must be fortified on the Sacrament of Love to give them the heroic strength needed to mother the Church today.” —Fr. John Hardon, SJ*



# EUCCHARISTIC ADORATION, REPARATION, CONTRITION, THANKSGIVING, & SUPPLICATION

“We intend in a very particular way to entrust all priests to Mary, the Mother of the High and Eternal Priest, bringing about in the Church a movement of prayer, placing 24 hour continuous Eucharistic adoration at the centre, so that a prayer of adoration, thanksgiving, praise, petition, and reparation, will be raised to God, incessantly and from every corner of the earth, with the primary intention of awakening a sufficient number of holy vocations to the priestly state and, at the same time, spiritually uniting with a certain spiritual maternity—at the level of the Mystical Body—all those who have already been called to the ministerial priesthood...”

*(Eucharistic Adoration for the Sanctification of Priests and Spiritual Maternity, Pages 6 & 7)*

## **Come, Holy Spirit**

*Come, Holy Spirit, fill the hearts of Thy faithful and enkindle in them the fire of Thy love.*

*V. Send forth Thy Spirit and they shall be created.*

*R. And Thou shalt renew the face of the earth.*

*Let us pray. O God, Who didst instruct the hearts of the faithful by the light of the Holy Spirit, grant us in the same Spirit to be truly wise, and ever to rejoice in His consolation. Through Christ our Lord. Amen.*





1. **Eucharistic Adoration.** Give Adoration, praise and glory to Jesus Christ in the Most Blessed Sacrament by simply acknowledging His Real Presence and gazing toward His Sacred Heart. Adore Jesus especially for the priests who do not spend quality time in Eucharistic Adoration, and offer this time for your adopted priest; May Jesus look upon all priests mercifully and grant them a love for His Real Presence.

## PRAYER OF ADORATION BEFORE THE BLESSED SACRAMENT

### Prayer of Adoration by Blessed Mother Teresa of Calcutta

*O God, we believe you are here. We adore you and love you with our whole heart and soul because you are most worthy of all our love. We desire to love you as the blessed do in heaven. Flood our souls with your spirit and life. Penetrate and possess our whole being utterly, that our lives may only be a radiance of yours. Shine through us, and be so in us, that every soul we come in contact with may feel your presence in our soul. Let them look up and see no longer us, but only Jesus!*

2. **Reparation and Contrition:** Ask to be forgiven by Jesus for any sins you have committed and the strength not to commit them again. Also beg Jesus to have mercy on all priests, especially the priest you have spiritually adopted. Pray that our Lord accepts this time of Eucharistic Adoration in reparation for the sins of the whole world and especially for the sins of his ordained ministers.

## PRAYER OF REPARATION BEFORE THE BLESSED SACRAMENT

*O Jesus, my Savior and Redeemer, Son of the living God, behold, we kneel before Thee and offer Thee our reparation; we would make amends for all the blasphemies uttered against Thy holy name, for all the injuries done to Thee in the Blessed Sacrament, for all the irreverence shown toward Thine immaculate Virgin Mother, for all the calumnies and slanders spoken against Thy spouse, the holy Catholic and Roman Church. O Jesus, who has said: "If you ask the Father anything in My name, He will give it to you," we pray and beseech Thee*

*for all our brethren who are in danger of sin; shield them from every temptation to fall away from the true faith; save those who are even now standing on the brink of the abyss; to all of them give light and knowledge of the truth, courage and strength for the conflict with evil, perseverance in faith and active charity! For this do we pray, most merciful Jesus, in Thy name, unto God the Father, with whom Thou livest and reignest in the unity of the Holy Spirit world without end. Amen.*

3. **Thanksgiving:** Give Him Thanks for all He has done for you, especially through Priests and the Holy Eucharist. Pray in an act of thanksgiving for the priests who do not pray in thanksgiving before the Blessed Sacrament.

## **PRAYER OF THANKSGIVING BEFORE THE BLESSED SACRAMENT**

### **St. Richard of Chichester's Prayer**

*Thank you, Lord Jesus Christ,  
For all the benefits and blessings  
which you have given me,  
For all the pains and insults  
which you have borne for me.  
Merciful Friend, Brother and Redeemer,  
May I know you more clearly,  
Love you more dearly,  
And follow you more nearly,  
Day by day. Amen.*



4. **Supplication/Petitions:** Ask for what you need from Jesus and pray especially for the perseverance and fidelity of the priest you have adopted (and for all priests). End your prayer with, “If it be in accord with your most Holy Will, please Lord grant my petitions!”

## PRAYER OF PETITION BEFORE THE BLESSED SACRAMENT

*Believing all that Thou, my God, hast in any way revealed to us—grieving for all my sins, offenses, and negligences—hoping in Thee, O Lord, who wilt never let me be confounded—thanking Thee for this supreme gift, and for all the gifts of Thy goodness—loving Thee, above all in this sacrament of Thy love—adoring Thee in this deepest mystery of Thy condescension: I lay before Thee all the wounds and wants of my poor soul, and ask for all that I need and desire. But I need the grace to use well Thy graces, the possession of Thee by grace in this life, and the possession of Thee forever in the eternal kingdom of Thy glory.*

## SAINT FAUSTINA’S PRAYER FOR HOLY CHURCH AND FOR PRIESTS

*O my Jesus, I beg You on behalf of the whole Church: Grant it love and the light of Your Spirit and give power to the words of priests so that hardened hearts might be brought to repentance and return to You, O Lord.*

*Lord, give us holy priests; You Yourself maintain them in holiness. O Divine and Great High Priest, may the power of Your mercy accompany them everywhere and protect them from the devil’s traps and snares which are continually being set for the souls of priests. May the power of Your mercy, O Lord, shatter and bring to naught all that might tarnish the sanctity of priests, for You can do all things. I ask You, Jesus, for a special blessing and for light for the priests before whom I will make my confessions throughout my lifetime. **Amen.***



## SPIRITUAL COMMUNIONS

### A SPIRITUAL COMMUNION PRAYER

*“O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love you, O my God. I cannot receive you in Holy Communion. Come nevertheless and visit me with your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto your own.”*

—Sacred Congregation of Indulgences, *Rescript of November 42, 1922*

After receiving Jesus sacramentally in Holy Communion, we can also receive him spiritually from our desire and anticipation for the Holy Eucharist; this is

what we call Spiritual Communions. Spiritual Communions can become an *extension of the fruits* we have received during our reception of Holy Communion. Spiritual Communions are not substitutes to receiving the Real Sacrament of the Body and Blood of Christ but a prolonging of its fruits. Ultimately, Spiritual Communions are willful desires of inviting our Lord into the depths of our hearts, seeking to extend our previous communion with the *Living Bread from Heaven*, Jesus our Eucharistic Lord.

*“The manner of receiving this sacrament is twofold, spiritual and sacramental.”*

—St. Thomas Aquinas, OP, *Summa Theologica*, Third Part, Question 81, Article 1, Objection 3

*‘...in the Eucharist “unlike any other sacrament, the mystery [of communion] is so perfect that it brings us to the heights of every good thing: here is the ultimate goal of every human desire, because here we attain God and God joins himself to us in the most perfect union”. Precisely for this reason it is good to cultivate in our hearts a constant desire for the sacrament of the Eucharist. This was the origin of the practice of “spiritual communion”, which has happily been established in the Church for centuries and recommended by saints who were masters of the spiritual life.’*

—Pope St. John Paul II, *Ecclesia de Eucharistia*, 34

*“When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice; by it the love of God will be greatly impressed on you.”*

—St. Teresa of Jesus, *The Way of Perfection*, Chapter 35

## ANOTHER SPIRITUAL COMMUNION PRAYER

*“My Jesus, I believe that you are really present in the Most Holy Sacrament. I love you above all things, and I desire to possess you within my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as being already there and unite myself wholly to you. Never permit me to be separated from you.”*

—St. Alphonsus Ligouri



# PRAY THE ROSARY

The Holy Rosary is a powerful devotion rooted in Sacred Scripture. Pray the Rosary to ask the intercession of the Blessed Mother on behalf of all priests. A diagram on the following pages illustrates how to pray the Rosary. Consider rotating through the following intentions when you pray the Rosary:

**Fidelity** – May my adopted priest and all priests be faithful to: God, the Pope and the Magisterium of the Church, serving the flock entrusted to their care, celebrating the Sacrifice of the Mass daily, going to and hearing confessions, and celibacy *for the sake of the Kingdom*.

**Fortitude** – May my adopted priest and all priests be courageous in: Preaching the truth in love, being *Alter Christus* (*another Christ*) in a “politically correct” world, shepherding the people of God, standing up for the Truth (especially regarding the sanctity of human life) and fraternally correcting in charity (as needed).

**Perseverance** – May my adopted priest and all priests persevere in: praying daily the Sacrifice of the Mass, the Liturgy of the Hours, Eucharistic Adoration (Holy Hour), spiritual reading (especially meditating on Sacred Scripture), examination of conscience, resolutions, physical exercise, and ongoing formation.

**Prudence** – May my adopted priest and all priests be prudent in: their guidance of the flock, giving spiritual direction, working with the laity, and making time out of their schedule to hear confessions regularly.

**Charity** – May my adopted priest and all priests be loving in: the constant Gift of Self (selflessness), laying down their life for others, service to all, and their pursuit of Holiness (the Perfection of Charity).

**Temperance** – May my adopted priest and all priests be temperate in: holy detachment of created things, the amount of food they eat, the things they materially own, and being attached to certain people.

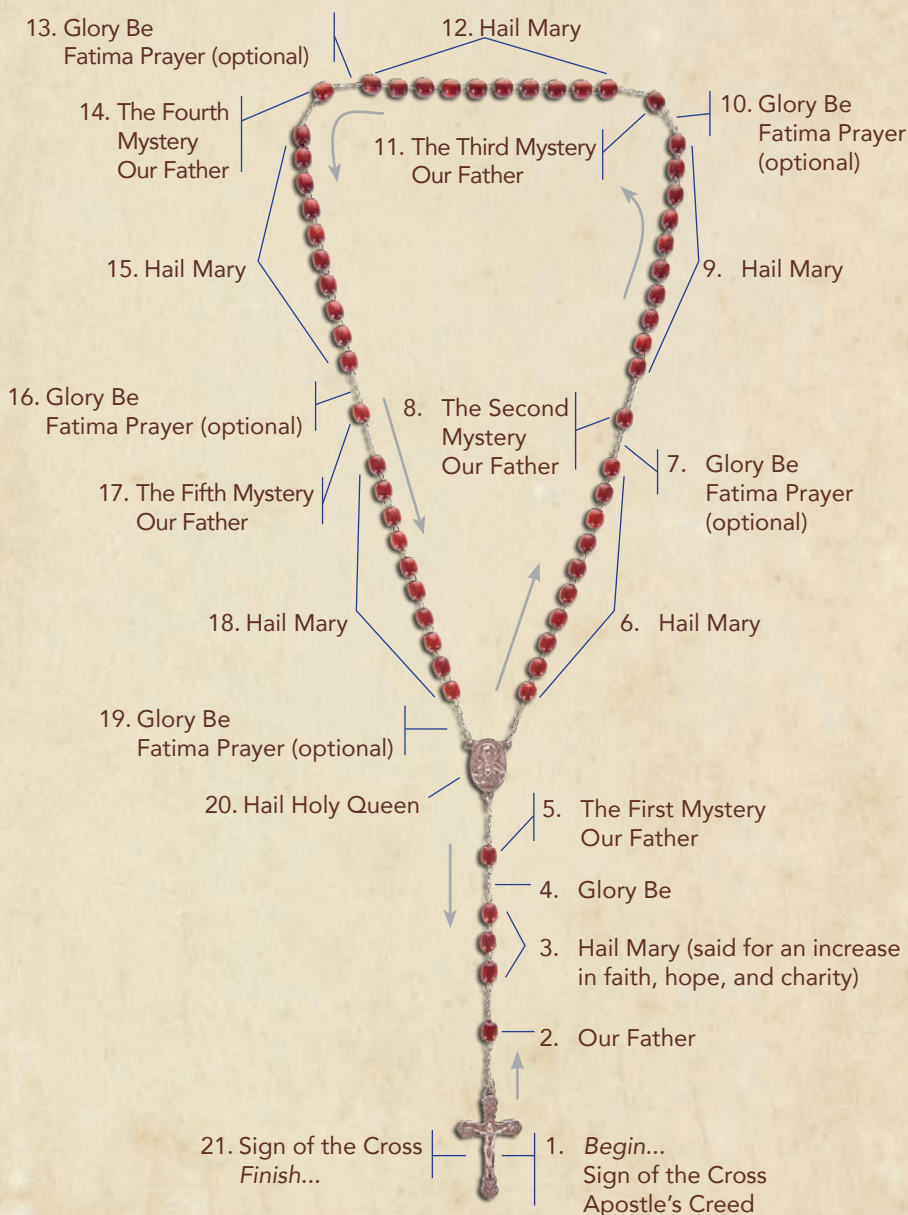
**Humility** – May my adopted priest and all priests be humble in: their ministry as a Priest of Jesus Christ, in their sonship of Mother Church, their preaching of the Word, their celebration of the Sacraments, and their fatherly guidance of God's people.

**Obedience** – May my adopted priest and all priests be obedient to: God, the Pope, their Bishop or Religious Superior, the teachings of the Church, the rubrics of the Mass, and all lawful authority.

**Zeal** – May my adopted priest and all priests be zealous in: the salvation of souls, their call to become saints, working for the conversion of sinners, performing the spiritual and corporal works of mercy.

**Love of Mary** – May my adopted priest and all priests be dependent on Mary as: the Mother of priests, the Mother of the Church, the Seat of Wisdom, Virgin Most Pure, Queen of Families and the Mother of God.

## PRAYERS OF THE ROSARY





## **Apostle's Creed**

*I believe in God,  
the Father Almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate  
was crucified, died and was buried;  
He descended into hell;  
on the third day He rose again from the dead;  
He ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there He will come to judge the living and the dead.*

*I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. **Amen.***

## **Our Father**

*Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses, as we forgive those who trespass against us and lead us not into temptation, but deliver us from evil. **Amen.***

## **Hail Mary**

*Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners now and at the hour of our death. **Amen.***



## Glory Be

*Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.*

## Fatima Prayer

*O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.*



## Hail, Holy Queen

*Hail, Holy Queen, Mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy towards us and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.*

*V. Pray for us, O holy Mother of God.*

***R. That we may be made worthy of the promises of Christ.***

***Let us pray.*** O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. **Amen.**





## THE JOYFUL MYSTERIES (MONDAYS & SATURDAYS)

- I. The Annunciation (Lk 1:26-38)
- II. The Visitation (Lk 1:39-53)
- III. The Birth of our Lord (Lk 2:6-19 and Mt 2:11)
- IV. The Presentation of our Lord (Lk 2:22-40)
- V. The Finding of our Lord in the Temple (Lk 2:41-52)



## SORROWFUL MYSTERIES (TUESDAYS & FRIDAYS)

- I. The Agony in the Garden (Mt 26:36-41 and Lk 22:41-44)
- II. The Scourging at the Pillar (Is 53:3-7 and Jn 18:36-38)
- III. The Crowning with Thorns (Mt 27:24-28 and Jn 19:5, 15)
- IV. The Carrying of the Cross (Lk 9:23, Luke 23:26-31 and Mt 11:29-31)
- V. The Crucifixion and Death of our Lord (Lk 23:33-39, 44-46 and Jn 19:25-27)



## GLORIOUS MYSTERIES (WEDNESDAYS & SUNDAYS)

- I. The Resurrection (Jn 16:20-22 and Mt 28:2-8)
- II. The Ascension (Mt 28:18-20, Acts 1:9 and Mk 16:19)
- III. The Descent of the Holy Spirit (Acts 2:1-5, 11, 14, 38, 41)
- IV. The Assumption of our Blessed Mother into Heaven (Songs 2:10-14, Rev 12:1, and Judith 13:23, 25)
- V. The Coronation of Mary as Queen of Heaven and Earth (Songs 6:10, Eccles 24:4,9,17,19-20, and Prv 8:32-35)





## LUMINOUS MYSTERIES (THURSDAYS)

- I. The Baptism of the Lord (Mt 3:11-17 and Lk 3:16-17)
- II. The Wedding at Cana (Jn 2:1-11)
- III. The Proclamation of the Kingdom (Lk 4: 16-18, 36 and Mt 26:31, 33-34)
- IV. The Transfiguration (Mk 9: 2-5 and Mt 17: 5-9)
- V. The Institution of the Eucharist (Jn 6:32-33, 35, 47-58)

# PRAYING THROUGHOUT THE DAY

**When we awake...** we offer our day to God; we offer our works, our sacrifices our sufferings.

## PRAYER TO KEEP THE PRESENCE OF GOD

*Lord, God Almighty, you have brought us safely to the beginning of this day. Defend us today by your mighty power, so that we may not fall into any sin, and that all our words may so proceed and all our thoughts and actions be so directed as to be always just in your sight. Through Christ our Lord. Amen.*

When we are performing our work, whether at home or in the workplace, we pray before we begin and offer up our labors, never losing that loving gaze of the heart; we try to sustain that union of longing for Christ. Even if we are extremely busy, we know we are working for the love of God, and we pray the desire of our heart will never go away; our desire is hoped to be continuous with the beating of our heart. Our prayer is expressed more in sighs and deep breaths than it is in actual vocal prayer while we are occupied.

## PRAYER BEFORE A DAY'S WORK

*Direct, we beg you, O Lord, our actions by your holy inspirations, and grant that we may carry them out with your gracious assistance, that every prayer and work of ours may begin always with you, and through you be happily ended. Amen.*

Offering up one's work, being in contemplation amidst busyness, doing small things with great love, not complaining, and abandoning oneself to Divine Providence — are all wonderful ways to pray for the members of the Mystical Body of Christ, especially for your adopted priest and all priests.



The merit we receive from our work isn't dependent upon how difficult the task is, or how many times we do it, but in the love we put into the action itself. Many people have chosen to apply the *Little Way* of St. Therese, or the spirituality of St. Josemaria Escriva, doing "small things" with great love. Sanctifying your work, sanctifying yourself in it, and sanctifying others through it, is valuable to God and is a very effective prayer for a specific intention. It may seem impossible to keep the presence of God while at work, but if it is done little by little every day and if we persevere with that goal in mind, it will become a good habit and lead to virtue.





## THE ANGELUS

Praying the Angelus three times a day helps us realize the importance of the Incarnation of Christ and recalls the “Fiat” (Yes) of the Blessed Virgin Mary. May our adopted priest, all priests, and we ourselves, say yes to God until the end of our lives.

The Angelus is traditionally prayed at 6:00 AM, 12:00 PM and 6:00 PM but can be prayed at any time.

***The Angel of the Lord declared to Mary:***

*And she conceived of the Holy Spirit.*

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. **Amen.**

***Behold the handmaid of the Lord:***

*Be it done unto me according to Thy word.*

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. **Amen.**

***And the Word was made Flesh:***

*And dwelt among us.*

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. **Amen.**

***Pray for us, O Holy Mother of God,***

*that we may be made worthy of the promises of Christ.*

***Let us pray:***

*Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord. Amen.*



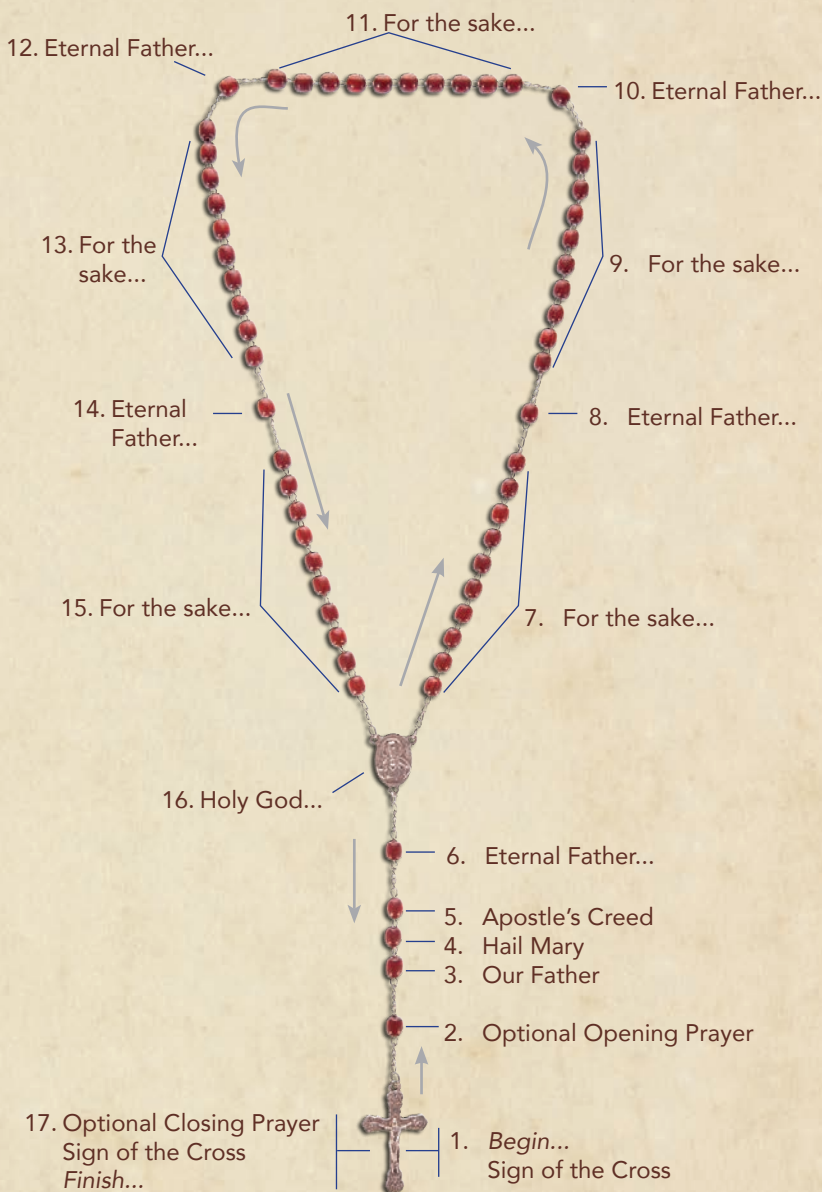
## THE DIVINE MERCY CHAPLET

We keep close to our heart the Hour of Mercy, 3:00 PM, when Jesus died on the Cross. Spiritual Motherhood was greatly emphasized when our Lady united her sufferings to her Son's as He died on the Cross for our sins. May we pray that our adopted priest and all priests persevere in their sharing of the ministerial priesthood and victimhood of Christ.

The Chaplet is prayed using regular rosary beads. A special novena may be said beginning on Good Friday and ending the following Saturday.



## PRAYERS OF THE DIVINE MERCY CHAPLET



## Optional Opening Prayer

*You expired, Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us. O Blood and Water, which gushed forth from the Heart of Jesus as a fountain of Mercy for us, I trust in You!*

## On the Our Father beads say the following:

*Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.*

## On the Hail Mary beads say the following:

*For the sake of His sorrowful Passion, have mercy on us and on the whole world.*


Repeat for all five decades.

## Conclude with the following (three times):

*Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.*

## Optional Closing Prayer

*Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent, but with great confidence submit ourselves to Your holy will, which is Love and Mercy itself.*



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